





# Existing learning opportunities and training courses for people aged 50+ in Spain

## Types of training courses available for elderly people (official and non official)

## Aims and objectives

These programs are aimed to develop the following adult students skills:

- To keep their brains active.
- To socialize.
- To acquire general knowledge related to culture.
- To develop their personal and intelectual skills.
- To encourage emotional development.



This website provides information about the Adult Education Centres which provide general adult education in Spain and other useful information for adults 50+.

URL: <http://www.actitud50.com/es/trabajo/cursos-de-formacion-para-el-empleo-de-50-20112508.html>

## Types of training courses available

These universities provide information about the types of adult education and training in lifelong learning perspective. This specific training aims to develop their personal and intellectual skills.

The main subjects are:

- Foreign Languages
- General Culture
- ICT

Alcalá University – Madrid

Universidad Autónoma de Madrid

Carlos III University – Madrid

Laguna University – Madrid

Rey Juan Carlos University

Oviedo University

# Specific training course



## 1. Language Courses

These are an example of an adult education centre which provides language adult education. This language center also offers a variety of courses which focus mainly on teaching of foreign languages, cultural programmes and other issues of general interest.

### Examples

Living Languages: [http://www.livinglanguages.net/estudios-extranjero/Sp\\_Extranjero\\_Mayores50.html](http://www.livinglanguages.net/estudios-extranjero/Sp_Extranjero_Mayores50.html)

Kells Center: <http://www.kellscollege.com/ampliar-curso/cursos/inglesparamayoresde50/506/>



## 2. Adult training (Public Administration)

### Profesional Certificates

This professional certificates are aimed to acquire professional skills in order to carry out their task at work in the best way possible.

### Education for adults (VET)



Formal education programmes; evening schools providers of technical and vocational education. An opportunity for adult graduates to complete Higher Education.

Thanks for your attention!



Ana Landeta

Research Development and Innovation Director  
[ana.landeta@udima.es](mailto:ana.landeta@udima.es)

**Madrid Open University**

<http://udima.es/en>